

### OUR PARISH MISSION STATEMENT



In our Parish people are nourished by the Word of God. It is a Parish where love is tangible and practical. It is a place where people pray together. Our Parish community is centred on Jesus Christ, on knowing and loving Him. It is incarnated in the love we show one another.

Fr Pat O'Donnell (064) 7758026 086 8351732

Pastoral Area: Fr Pat O'Donnell 086 8351732 on call Sunday Jan 5<sup>th</sup> for emergency and sick calls

Sat 4<sup>th</sup> Shrone 6.00pm (1<sup>st</sup> Anniv) Denis O'Shea, Bru na Sínsear Rathbeg & his Parents Eileen & Jerry.

Sat 4<sup>th</sup> Knocknagree 7.30pm (Months Mind) Marion O'Grady Listowel/Knocknagree.  
(Months Mind) Margaret Murphy. Newquarter.

Sun 5<sup>th</sup> Gneeveguilla 9.30am Tady Lawlor, Gullane. Mary .T. Cronin Goulane. Timmie & Julia Cronin, Reaboy

Sun 5<sup>th</sup> Rathmore 11.30am (1<sup>st</sup> Anniv) Maura O'Sullivan, Clounts

### MONDAY 6<sup>th</sup> JANUARY to SUNDAY 12<sup>th</sup> JANUARY 2025



Feast Day of The Epiphany

Mon 6<sup>th</sup> Rathmore (Note Mass Time) 10.30am (Months Mind) Philomena O Sullivan Presbytery View

Mon 6<sup>th</sup> Gneeveguilla 7.00p.m Shared Christmas Masses intentions

Tues 7<sup>th</sup> Rathmore 9.30am People of the Parish

Wed 8<sup>th</sup> Rathmore (Note Mass Time) 9.30a.m (1<sup>st</sup> Anniv) Margaret Smith( nee Hayes) Bru Na Sinsear & Coom, and remembering her husband Alan and her brothers, Denis (1<sup>st</sup> Anniv) and Michael Hayes (1<sup>st</sup> Anniv) England/Coom

Thur 9<sup>th</sup> Knocknagree 9.30am Donor's intentions

Fri 10<sup>th</sup> Gneeveguilla 7.00pm Jimmy Doyle Maulykevane

Sat 11<sup>th</sup> Shrone 6.00pm Shared Christmas Masses intentions

Sat 11<sup>th</sup> Knocknagree 7.30pm John & Mary Smith late of Shanballa & Leicester. Johnny O Keeffe, Park Knocknagree.

Sun 12<sup>th</sup> Gneeveguilla 9.30am Mossy Teahan Coom. John & Mary Buckley Renasup.

Sun 12<sup>th</sup> Rathmore 11.30am Sheila Looney Lissyconnor. Denis Lynch Convent View and his parents, Den & Mary Ann. PJ Lowe. Sliabh Luachra. Thomas O Connell Clarinwood. Mary & Patie Reen Counerough. Abina & John Kavanaugh I/o Raheen & Washington DC

**SAFEGUARDING REPRESENTATIVES** Siobhan Carmody 087 9498347 (Gneeveguilla). Betty Moynihan (087) 6186091 Knocknagree Margaret McGrath 089 4182683 Rathmore, Stephanie Brosnan 087 9449288 Shrone.



Parish Office will & will reopen on the Tuesday 7<sup>th</sup> January @ 9.30am – 12.30pm

**Prayers & Sympathies:** to Eilish & John Coakley & Family and to Joan O'Connor, Noreen Cashman and all extended Family on the death of their sister Breda Healy Knockanes whose funeral took place in Glenflesk on Monday 30<sup>th</sup> December. May Breda rest in peace and all who mourn her be comforted

**Seeds of Hope:** Returning Biodiversity to our Parishes:

A Laudato SI' Conference for the Dioceses of Kerry, Killaloe, Limerick, Cashel and Emily. In the midst of environmental crises, how can parish communities care more deeply for God's Creation- Join us for a day to equip yourself and parish community to walk more gently on the earth with dynamic speakers, practical workshops and a "marketplace" of support:

Saturday, 25<sup>th</sup> January 2025 from 10am to 4pm Springfort Hall Mallow. To register email: maria.murphy@trocaire.org

Suggested donation €10 on the day

# Spiritual Thoughts for the New Year

**1. Embrace the Present Moment**      *"The past is a memory, the future is a vision; only the present is real."*  
Begin this year by centering yourself in the here and now. Each day offers an opportunity to connect deeply with your true self and the Divine.

**2. Cultivate Gratitude**      *"Gratitude unlocks the fullness of life."*  
Spend time each day reflecting on the blessings around you. Gratitude transforms what we have into enough and brings a sense of peace to the soul.

**3. Seek Inner Peace**      *"Peace begins with me."*  
Make it a priority to nurture your inner world through meditation, prayer, or silence. When your soul is calm, you can handle the challenges of life with grace.

**4. Trust the Journey**      *"Faith is taking the first step even when you don't see the whole staircase." – Martin Luther King Jr.*  
Trust that life is unfolding as it should. Every experience, even the difficult ones, serves your growth and spiritual evolution.

**5. Act with Compassion**      *"In a world where you can be anything, be kind."*  
Extend love and understanding to yourself and others. Compassion elevates your spirit and creates ripples of positive change in the world.

**6. Let Go of What No Longer Serves You**      *"Holding on is believing there's only a past; letting go is knowing there's a future."*  
Release old patterns, grudges, or fears. Letting go opens up space for new blessings and opportunities to flow into your life.

**7. Be the Light**      *"When we let our light shine, we unconsciously give others permission to do the same." – Maria Williamson*  
Step into this year as a beacon of love and hope. Shine your light through your words, actions, and intentions.

**8. Align with Your Purpose**      *"Your soul knows the way. Follow its whispers."*  
Take time to reflect on what truly brings you joy and fulfilment. Align your life with your higher purpose and let it guide your actions.

May this year be filled with spiritual growth, profound moments of connection, and the unshakeable knowing that you are deeply loved and guided.

## A Prayer for the New Year

Dear Creator,  
As we step into this new year,  
We thank You for the gift of life and the opportunities it brings.  
May we walk with courage, trust, and faith,  
Knowing that Your light guides our path.

Help us to let go of past burdens  
And embrace the freedom of new beginnings.  
Fill our hearts with compassion,  
So we may serve others with love and kindness.

Grant us wisdom to make choices aligned with Your will,  
And patience to trust in Your timing.  
In moments of challenge, may we find strength in You;  
In moments of joy, may we give You praise.

Bless our journey with peace, purpose, and grace.  
May we grow in spirit, deepen our faith,  
And be a source of light and hope in this world. **Amen.**

**Day Trip to Mount Melleray** is scheduled for Saturday 25<sup>th</sup> January. Leaving Rathmore at 7.45am. Seats still available.  
Contact Parish Office if interested 0647761669

